

Disclosure Decision Worksheet

Consider the pros and cons of disclosure in your personal situation:

Why Are You Disclosing?	
Anticipated Positive Consequences	Possible Negative Consequences

Whom Are You Disclosing To?	
Anticipated Positive Consequences	Possible Negative Consequences

How Much Are You Disclosing?	
Anticipated Positive Consequences	Possible Negative Consequences

Bottom Line - based on the above, the best alternative for me is:
